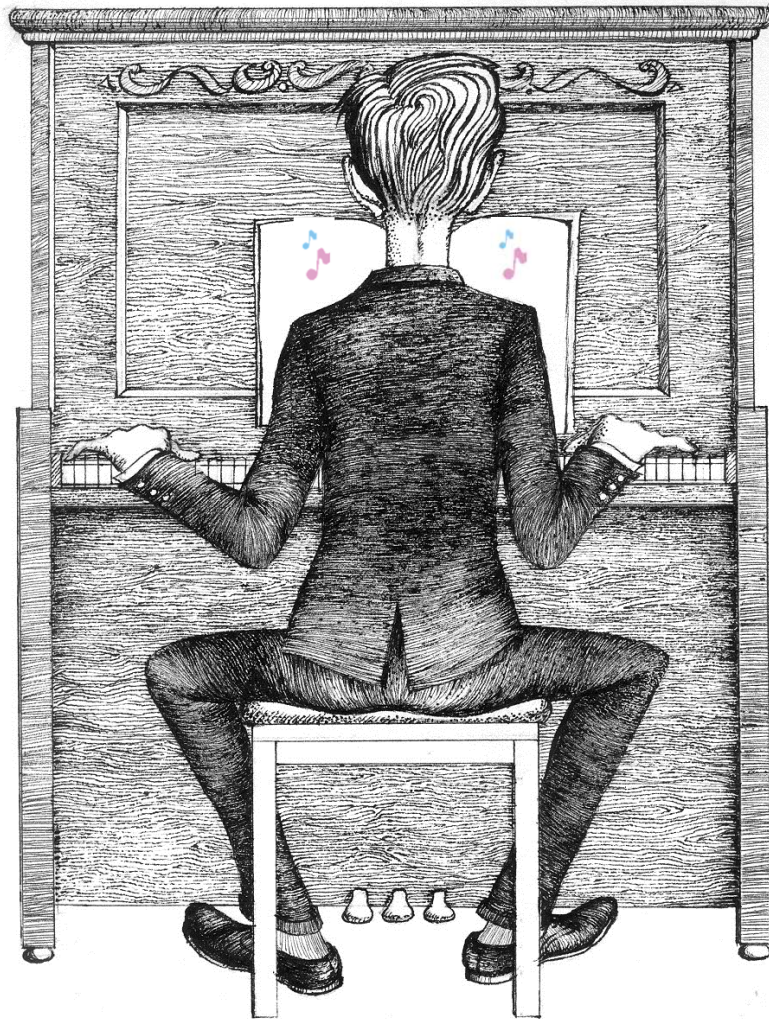


LEARN TO PLAY

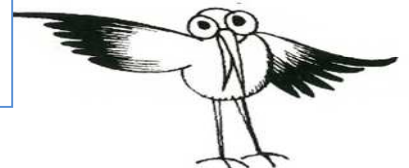
SIX HYMNS IN SIX DAY S



Day One

Sitting at the Piano
Middle "C"
Names of the Keys
Hand Position
The Three Basic Chords
Left Hand FUN
Today's Hymn: *Silent Night*
Fun Songs

*Here's what you
will learn today!*

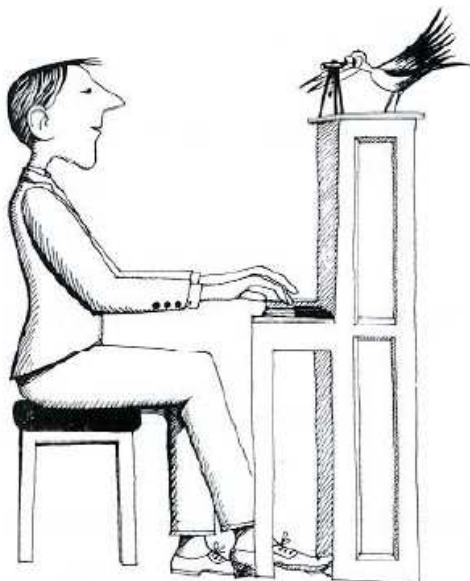




Day 1

Sitting at the Piano

Sit facing the keyboard – *it's easier to play this way !!*



LIKE THIS ☺

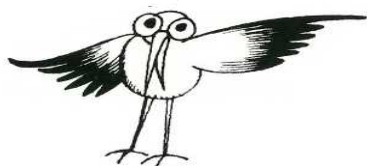


NOT LIKE THIS ☹



NOT LIKE THIS ☹

See if you can find Middle C on your keyboard.



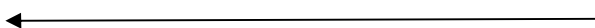
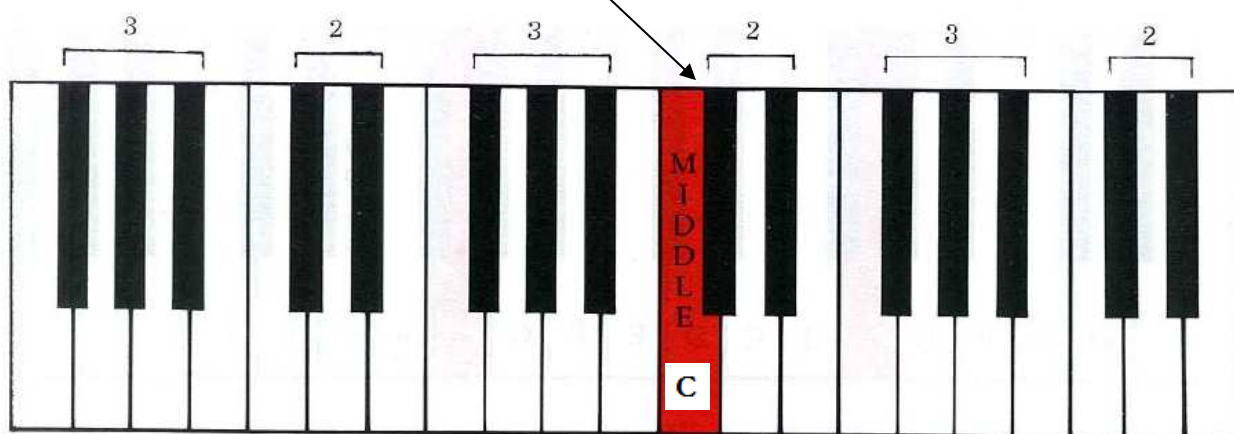
Middle C



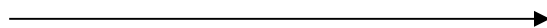
Look at the picture below.

See how the **black keys** come in groups of **twos** and **threes**.

Middle C is always just to the **left** of the **two(2)** black keys directly in front you.



Going **DOWN** (lower)



Going **UP** (higher)

The keys below **Middle C** are in the **BASS**.
(not the basement)



You play these with the **LEFT hand**.

The keys above **Middle C** are in the **TREBLE**.
(not the trouble)



You play these with the **RIGHT hand**



Names of the Keys

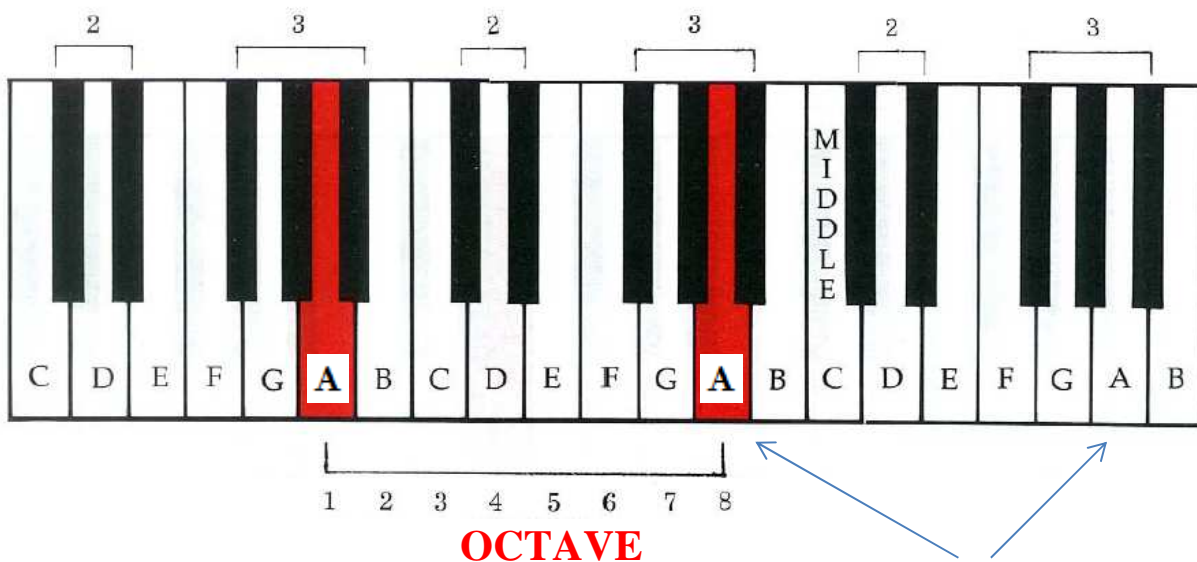


Look at the **keyboard** below.

The keys are named after the **letters** of the alphabet from **A** to **G** and then start over again with **A ...** and again ... and again ...

Notice that the **black notes** are in groups of **2** and **3** ...

These will help you learn the names of the white notes



Notice where all the **A's** fit within the groups of **three(3)** black keys.

From one **A** to the next, either up or down, is called an **OCTAVE**.

You can make an **OCTAVE** from any **white key** by counting **eight(8)** white keys UP or DOWN.

For FUN

Go to your **Keyboard** and find all the **A's** on the keyboard (*use the picture for a guide if you need to*). Do the same for every **B, C, D, E, F,** and **G**.

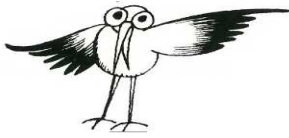
You **DO NOT** need to memorize the names of the keys right now.

Just repeat the **FOR FUN** game every day for six days and you will know them in no time!



You will **only** use your
Left Hand today 😊

Day 1



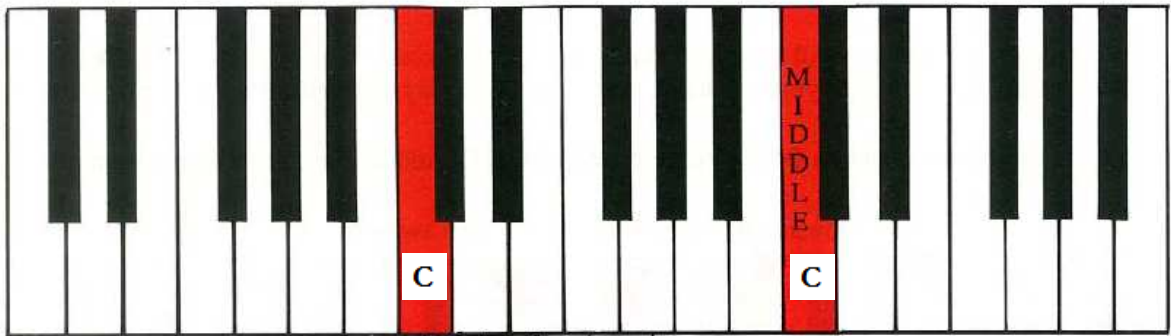
Hand Position

Put your **LEFT HAND** on the **white keys**. Now you're almost ready to play!

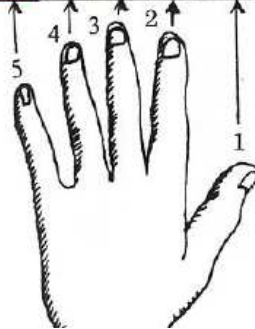
(Be sure to trim your **fingernails** so they won't get caught in the **cracks** between the keys!)

Look at the picture and you will see where to put your fingers for a good **HAND POSITION**.

Notice that each finger has its own number (*little finger = 5 ... middle finger = 3 thumb = 1*)

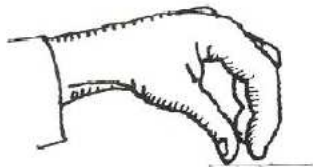


Put your **little finger (no. 5)** on the **C** an octave below **Middle C**. The other fingers each go on a white key as you see in the picture.

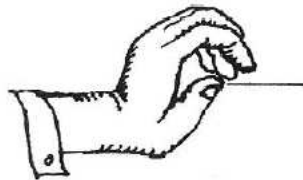


Your **WRIST** should be relaxed –
Not stiff and not floppy.

Try playing each key one at a time.
This may feel a bit awkward – like riding a **bicycle** for the first time – but with repetition it will come to feel natural.



INCORRECT
HIGH WRIST



INCORRECT
LOW WRIST



CORRECT

You are now ready to play!

Three Basic Chords

A **CHORD** is a combination of **any** number of keys played together at the same time.

You will need to learn **only THREE BASIC CHORDS** to be able to play ALL the hymns in this book.

Here are the chords: the **C Chord**, the **G Chord** and the **F Chord**.

Note that each chord has its own color to make it easier to remember!

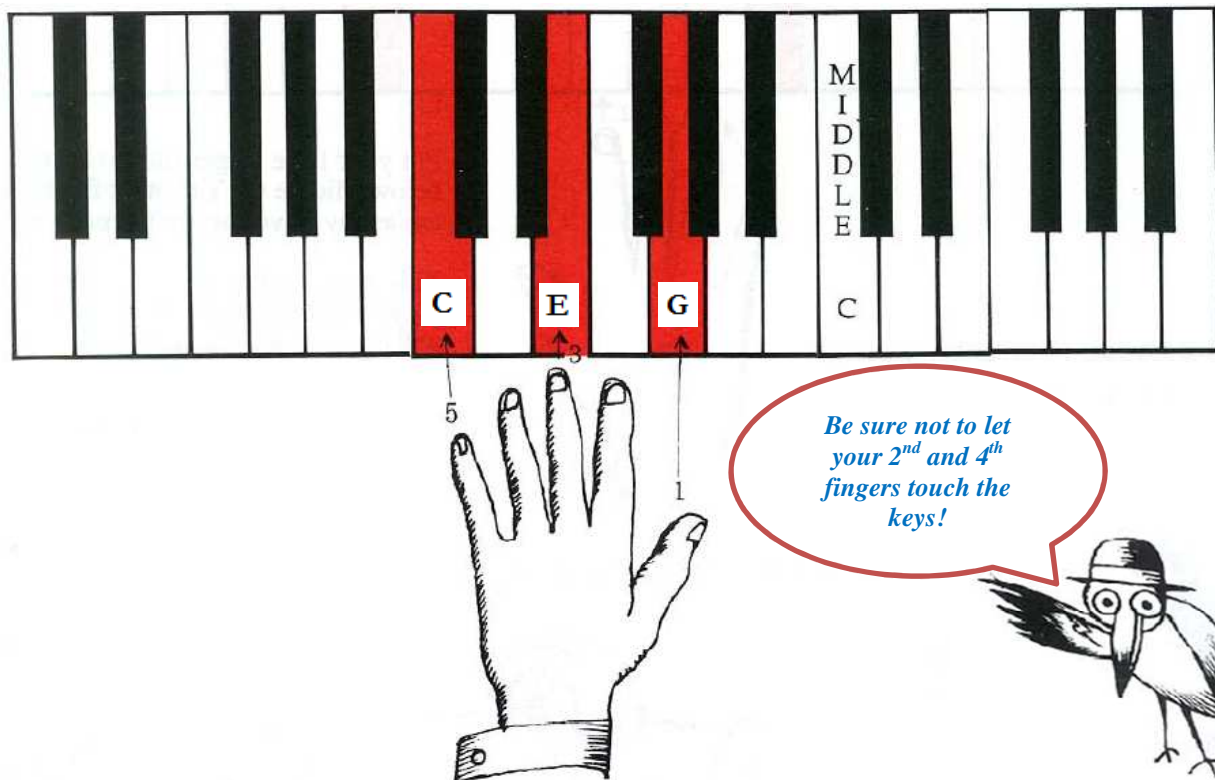
The C Chord

Look at the picture and you will see where to put the fingers of your **left hand** for the **C Chord**. You will play all the chords with your **left hand**. Later, you will play the **melody** with your **right hand**.

Start by putting your **little finger** on **C** an **Octave** below **Middle C**.

Then put your **3rd finger** on **E** and finally the **thumb** on **G**.

Now **push** the three notes down at the same time. *It may feel awkward at first, but you'll get it!*



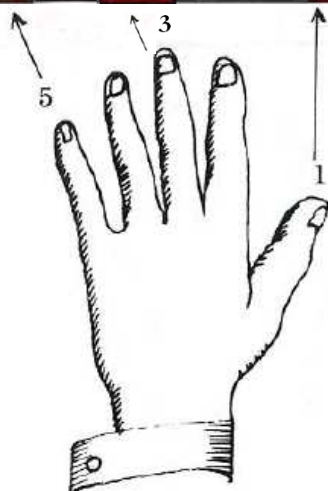
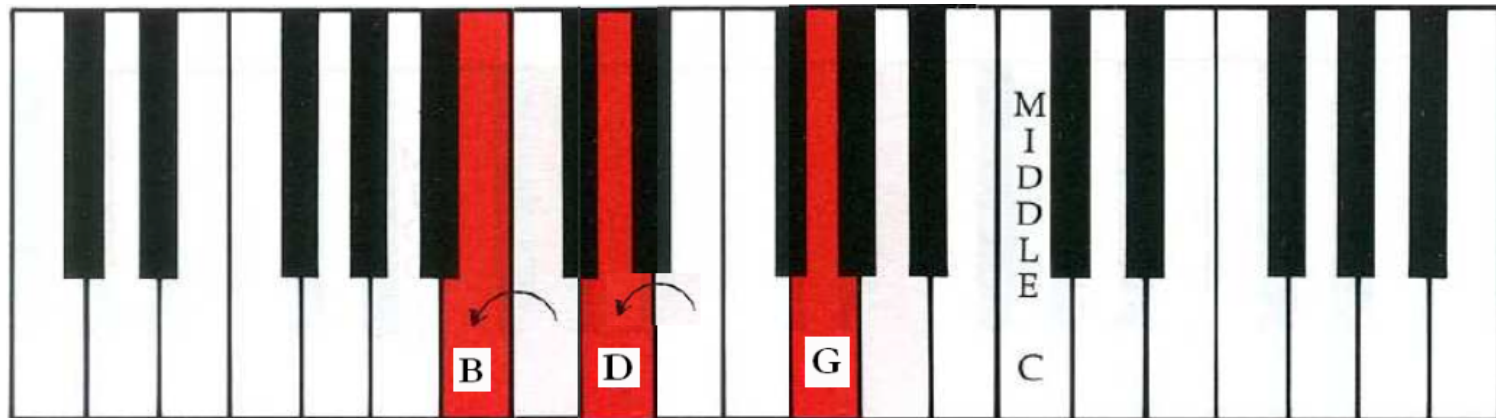
For FUN

Play the **C Chord** about one hundred thousand times.
.... Well maybe **TEN TIMES!**

Remember to play the three keys **together** at the same time ... Try it with your **eyes closed!!**

The G Chord

Look at the picture and you will see where to put your fingers for the **G Chord**.



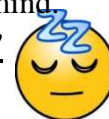
NOTICE!
You only move the **3rd** and **5th** finger down one note to form the **G Chord**.
Got It?



For Fun:

Play the **G Chord** until it feels comfortable.

1. **P**lay the **C** and **G** chords one after the other. Do this until you can go back and forth easily. (You may wish to start with just the two outside fingers – thumb and little finger – and then add the middle finger.)
2. **P**lay the chords with your eyes closed. Listen to the sound of the **C Chord** and the **G Chord**.
3. **Y**ou can also practice the chords anytime **without a piano**. Just **IMAGINE** playing them ... **close your eyes** and “see” the keyboard in your mind. “**Feel**” the keys and “**listen**” to the sound..... **BUT DON'T FALL ASLEEP!**



This method will help you learn them very **easily** and **quickly!**

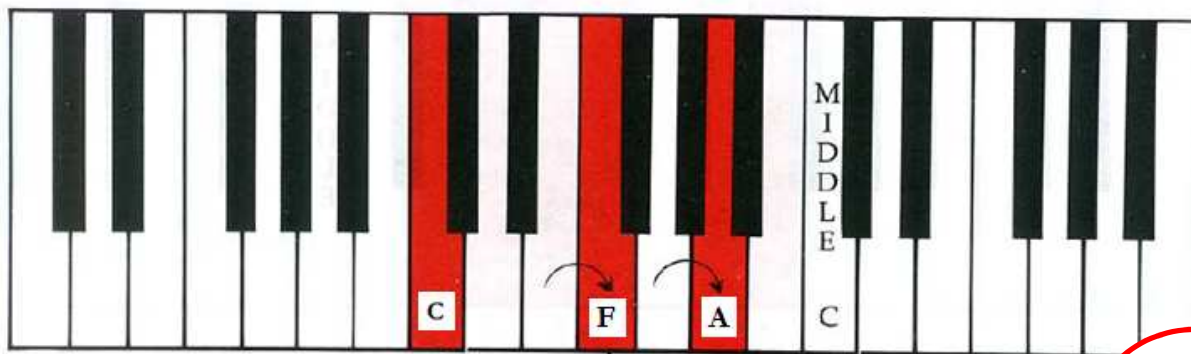


The F Chord



Let's learn the **F Chord**.

Look at the picture and see where to put your fingers for the **F Chord**.



It's
EASY !!

For Fun:

Play the **F Chord** until it feels comfortable.

1. **Play the C and F chords** one after the other. Do this until you can go back and forth easily. Notice that your **little finger** stays on the **C** and your **thumb** moves back and forth on the white keys. Notice especially that you change back and forth from the **second** to the **third finger**.

Practice this at least two hundred thousand times Well, twenty times !

2. **Play the F and G Chords** one after the other. Notice that the outside fingers change while the **second finger** remains in place when you go back and forth between these chords. Repeat this ... you know how many times ... until you can do it easily.



Remember to practice with your **eyes closed** and also **practice away** from the piano.

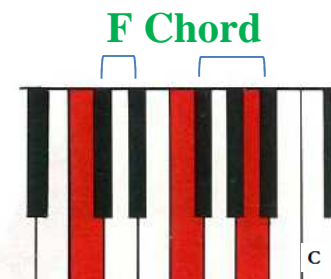
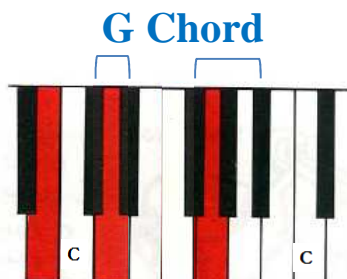
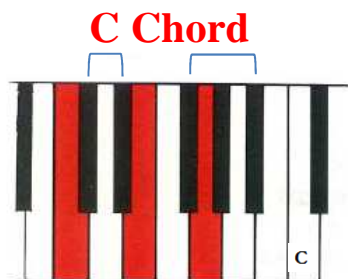
Fun For the Left Hand

Play the following **chord games**.

This time **KEEP YOUR EYES ON THE PAGE** and let your fingers find the keys.

Play them **SLOW** and then **FAST, LOUD**, and then **SOFT** ... Have **FUN** with them.
 (There is a picture of the chords at the bottom of the page, but see if you can play them without peeking).

1. C C C C C
2. G G G G G
3. F F F F F
4. C C G G F F
5. C C C G G G F F F
6. C G F C G F C G F
7. C F F G G C C G G C
8. C G G G C C F F F C
9. C C G G F F C C F G C
10. C G G F F C C F G G C



Fingering: — 3 —
 Key Names: — — G

Fingering: 5 — —
 Key Names: — — —

Fingering: — — 1
 Key Names: — F —

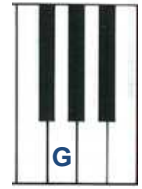


Try filling in the blanks with the *fingering* to use and the *names* of the keys.

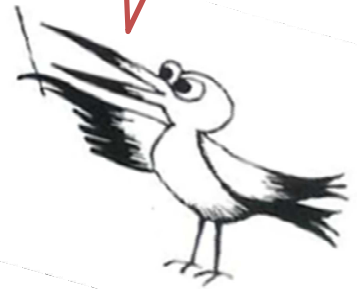


Today's Hymn

Sing the following Christmas hymn (or have someone else sing it) and, at the same time, play the chords with your **LEFT HAND**.
(Push the G note to get the starting pitch)



Push the **G** note and start singing on that note.



Silent Night

(start singing on G)

C	C	C	C
Silent night! Holy night!			
G	G	C	C
All is calm, All is bright			
F	F	C	C
Round yon Virgin mother and Child.			
F	F	C	C
Holy Infant, so tender and mild,			
G	G	C	C
Sleep in heavenly peace;			
C	G	C	
Sleep in heavenly peace.			



FANTASTIC !!!
For Fun:

Repeat this hymn ... you know how many times!
Get the whole **family** to sing along as you play!



Fun Songs

Here are some additional **FUN SONGS**
... Try playing these and have **FUN!**

Mary Had A Little Lamb
Start singing on E

C **C**
Mary had a little lamb,

G **C**
Little lamb, little lamb

C **C**
Mary had a little lamb,

G **C**
Its fleece was white as snow

Row, Row, Row Your Boat
Start singing on C

C **C**
Row, row, row your boat

C **C**
Gently down the stream

C **C**
Merrily, merrily, merrily, merrily

G **C**
Life is but a dream.

Three Blind Mice
Start singing on E

C **G** **C** **C** **G** **C**
Three blind mice, three blind mice

G **G** **C** **C** **G** **C**
See how they run! See how they run!

C **G** **C**
They all ran after the farmer's wife

C **G** **C**
She cut off their tails with a carving knife.

G **C**
Did you ever see such a sight in your life

C **G** **C**
As three blind mice!

Twinkle, Twinkle Little Star
Start singing on C

C **C** **F** **C**
Twinkle, twinkle little star

G **C** **G** **C**
How I wonder what you are,

C **G** **C** **G**
Up above the world so high,

C **G** **C** **G**
Like a diamond in the sky,

C **C** **F** **C**
Twinkle, twinkle little star

G **C** **G** **C**
How I wonder what you are.

GREAT JOB!

DON'T GO ON TO THE NEXT DAY - YET -

Review everything from **Day One** and get ready for a fresh start **TOMORROW !!**

And remember ..

“It's Easy !!”

NOTE: If your book and music are in **black and white**,
COLOR the **chord** symbols to make them easier to remember!

*Use **RED** for the **C Chord**,
BLUE for the **G Chord**,
and **GREEN** for the **F Chord**.*

